



## VIJAY CAROLIN

DOCTOR IN AYURVEDIC

MEDICINE

Registration No: (CCIM India) 93030

TRAINER/CONSULTANT

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## PROFILE

Doctor in Ayurvedic medicine having 19 years of practice, including 10 years of spreading Ayurveda in Spain. President of International Ayurveda Medical Association. Chief consultant at Kerala Ayurveda Institute Barcelona, Spain. Offering Ayurveda services to western clinics and Spa hotels. Training ayurveda therapists, setting up ayurveda treatment centres in Europe, giving lectures in Ayurveda and offering ayurveda clinical consultations in Spain.

## LANGUAGES

**Spanish:** High

**English:** Excellent

**Malayalam:** Mother tongue

## KEY SKILLS

Empathy,  
Client management,  
Conceptualization,  
Quick learner and employing right knowhow.

## EXPERIENCE

### CONSULTANT, AYURVEDIC MEDICINE

**Kerala Ayurveda Institute-Barcelona**

2017-Present

Offering clinical consultations and treatments for various chronic diseases. Ayurveda therapist training and offering seminars and workshops.

### CONSULTANT AND TRAINER

**Balneario Caldes de Boi, Lleida, Spain**

2018

Consultant for Installation and functioning of Ayurveda services. Patient consultation, training therapist, procuring raw materials, establishing treatment protocols, guidance for marketing team and overall support for providing hassle-free and quality service.

### CONSULTANT

- **Kottakkal Gmbh, Europe**

2017 – 2019

Consultant for the various products sold in European market.

- **Ashoka Ayurveda, Portugal**

2018, May-consultant ayurveda doctor

- **Ayurveda Hellas- Athens, Greece**

2017, June- Consultant and trainer

### CONSULTANT, AYURVEDIC MEDICINE

**Avantmedic, Lleida (avantmedic.com)**

2013 – 2016

Coordinating the activities of the Ayurvedic department. Training the therapists and staff. Offering consultations and treatments for various chronic diseases (fibromyalgia, migraine, Multiple Sclerosis, psoriasis, etc.)

### ORGANIZATION

**FOUNDER PRESIDENT-INTERNATIONAL AYURVEDA MEDICAL ASSOCIATION, BARCELONA, SPAIN**

### DELEGATE AND SPEAKER

-Participant of WHO Experts Consultation Meeting for developing the WHO documents-Jamnagar, India, 26-29 November 2019.

-12<sup>TH</sup> EUROPEAN CONGRESS OF INTEGRATIVE MEDICINE, Barcelona, Spain 2019

-6<sup>TH</sup> WORLD AYURVEDA CONGRESS. Delhi, India. 2014

### AYURVEDIC CONSULTANT AND MANAGER OF AYURVEDIC SPA DEPARTMENT

**Le Meridien Ra Beach Hotel and Spa**

2008 – 2014

Set up the first ayurvedic section within a five-star spa in Spain. Offering Ayurvedic medical consultation in the Spa. Supervising the Ayurvedic treatments, managing the Ayurvedic team, offering training, giving feedbacks and business forecasts, solutions for viability of operations and higher revenue generations, coordination with marketing departments etc.

### TRAINER IN AYURVEDIC MASSAGES AND AYURVEDIC NUTRITION

2010- current

Offering training for certification in Ayurvedic massages and nutrition-independently and also in collaboration with other entities in Spain and Columbia. (*Sukha Ayurveda, Sociedad Geográfica de las Indias*).

### AYURVEDIC DOCTOR IN VARIOUS CLINICS AND HOSPITALS IN INDIA

2000- 2008

Ayurvedic clinical consultation for patients

### Professional Qualifications

**MASTER IN DRUG RESEARCH, DEVELOPMENT AND CONTROL**

**University of Barcelona.** Barcelona, 2012

### BACHELOR IN AYURVEDIC MEDICINE AND SURGERY

**University of Kerala., Govt. Ayurveda College, Thiruvananthapuram, India, 2000**