

Biodata

- 1) **Name** – Vd. Chinmay Pradeep Phadke.
- 2) **Date of Birth** - 28/08/1990
- 3) **Address** – 2084, SadashivPeth, Vijayanagar Colony, Pune – 30.
- 4) **Contact Number**–9145465230, 9421057682.
- 5) **Email** – chiefphadke@gmail.com
- 6) **NCISM Teacher Code**– AYSS00735
- 7) **MCIM Registration Number** – I 87188 A1

8) Educational Details

- a. **SSC** – Jnana Prabodhini Prashala, Pune. (2000-2006)
- b. **HSC** – Abasaheb Garware Mahavidyalaya, Pune. (2006-2008)
- c. **BAMS**: - Gomantak Ayurveda Mahavidyalaya, Vaze, Shiroda, Goa. (2008 – 2013), Goa University.
- d. **Internship Under** – Tarachand Ramnath Charitable Trust's Ayurveda Hospital. (2013-14)
- e. **MD** – 2014 – 2017 in Subject “Ayurveda Samhita and Siddhant”, Bharati Vidyapeeth Deemed University's College of Ayurveda. Pune.
Title - "Study of Shaithilya in context with Sthaulya (Overweight and Obese)
- f. **PhD Scholar** – MUHS – MAM's SSAM, Hadapsar. (Dec 2022 -)

9) Teaching Experience

Assistant Professor

- a. 19/03/2018 – 06/07/2018 – Ayurved College & Shri Eknath Ayurved Rugnalaya
- b. 16/07/2018 – Till Date – College of Ayurved & Research Centre, Nigdi, Pune.

10) Examiner –

- a. UG, MUHS.
- b. UG, BVDU.
- c. UG, DPU.

11) Other work Experience

- a. Chairperson – Clinical Audit Committee for NABH.
- b. Member – Library Committee
- c. Member – Website Committee
- d. Member – Cultural Committee
- e. Member Maintenance Committee - Drafting, ICT etc.
- f. NAAC metric – 2.4.4 – Teacher's Training for E-Content Development

12) CME Attended – CME for teachers of Samhita Siddhanta – AIIA, New Delhi. 4 to 9 Nov. 2019

13) Basic Medical Education Technology Workshop by MUHS – 17-Oct-2019 to 19-Oct-2019

14) Basic Research Methodology Workshop by MUHS - 27-Jun-2022 to 29-Jun-2022

15) Advance course in Research Methodology by MUHS - 20-Nov-2023 to 25-Nov-2023

16) Currently Ayurved Practitioner in

- a. Consultant – ARSMH, Special OPD – Thyroid Disorders Since 4 March 2022.
- b. Agastya Ayurved Clinic, Pune & Nigdi. Since 20 Feb 2016.

17) Paper Presentation - International Seminar by ISTAM (Jan 2015) Title: - Study of Ayurveda Sutram– an ancient text on Ayurveda.

18) Publication Details –

- a. Conceptual Study of Shaithilya – IAMJ, Vol.V, Issue V May 2017
- b. आयुर्वेदीय अभ्यास व माहिती संकलन, पूर्वार्ध व उत्तरार्ध, आयुर्वेद पत्रिका, जून, जुलै – २०१८
- c. Chronic Alcoholism a cause of Male Infertility Review, PDEA's IJRAAS, Vol. 2, Issue 2, Aug 2020.
- d. हेतुगर्भ विशेषण – एक अभ्यास. आयुर्वेद पत्रिका, मार्च – २०२३.

19) Other Activities

- a. **Clinical experience gained Under**
 - i. Vd. Upendra Dixit, Ponda, Goa. (2009-2013)
 - ii. Vd. Dilip Gadgil, Pune. (2009-2016)
 - iii. Vd. Prakash Shendye, Pune. (2014)
 - iv. Registrar at – Punarvasu Chikitsalaya, July 2017 to July 2018
- b. **Certificate Courses**
 - i. **Gurukul Prathama and Gurukul Trutiya** certificate courses under **Madhawacharya Gurukul**, organized by V. V. M. V. Kolhatkar Ayurveda Pratishthana, Pune.
- c. **Guest Speaker at**
 - i. Vaidyakiya Milan 2015, at Janakalyan Raktapedhi, Pune.
 - ii. Yoga and Ayurveda introductory certificate course, Maharshi Karve Stri Shikshan Sanstha, Karve Nagar, Pune. Nov.2017.
 - iii. Transitional Curriculum – BSDT's Ayurved Mahavidyalaya, Wagholi, Pune.
 - iv. Transitional Curriculum – BVDU College of Ayurveda, Pune.
 - v. Contemporary Approach Towards Samhita Adhyayana using Modern Techniques. – 22.2.23, Ashwin Rural Ayurved College & Hospital, Manchi Hill, Sangamner.
- d. **Expert**
 - i. Pre MD presentation, BVDU College of Ayurveda, Pune.
- e. **Gurukul Teacher at**
 - i. Madhawacharya Gurukul organised by V.M.Vd. M. V. Kolhatkar Ayurveda Pratishthan.
 - ii. Prachin Samhita Gurukul organised by Jnanasankul Vidyarthi Sangh.
 - iii. Mamsa Dhatu – Shubhakrut Ayurved Gurukul. 10.9.23
 - iv. Aditya Teerthatta-Shastrartha Gurukul 9-10 Dec 2022.
 - v. Keshavatraya Gurukul – Ayurveda Vyaspeeth, Bhayander, Mumbai 19 to 21st sept 2023.
- f. **E Content Published**
 - i. Ayurveda Social - <https://fb.watch/psHFFPOs-A/>
 - ii. Doshadi Vidnyaneeya <https://www.youtube.com/watch?v=ED-8hQcmzXo>
 - iii. Prameha Nidan - <https://www.youtube.com/watch?v=pSoU-EsQTo4>

iv. Shaithilya Lakshan Samprapti Chikitsa -

<https://www.youtube.com/watch?v=aK82kK6TimE>

v. Rajayakshma Nidan - <https://www.youtube.com/watch?v=ruK9wjqGprg>

g. Other Content Published

i. Writer on Pratilipi

ii. Writer on Blog – NewGen Ayurveda